

Social Emotional Literacy: Connected Learning

Workshop Focus Question: How can we design learner-centered experiences to ensure that students feel safe, emotionally invested, and connected to the content and each other?

KNOW & UNDERSTAND:

- How to create connections and build a community of learners through rituals and routines
- How connections on the outside build connections on the inside
- How understanding the brain, learning, and memory can inform teaching and learning experiences
- How Direct, Explicit, and Multi-Sensory Teaching can support this process

BE ABLE TO DO & APPLY:

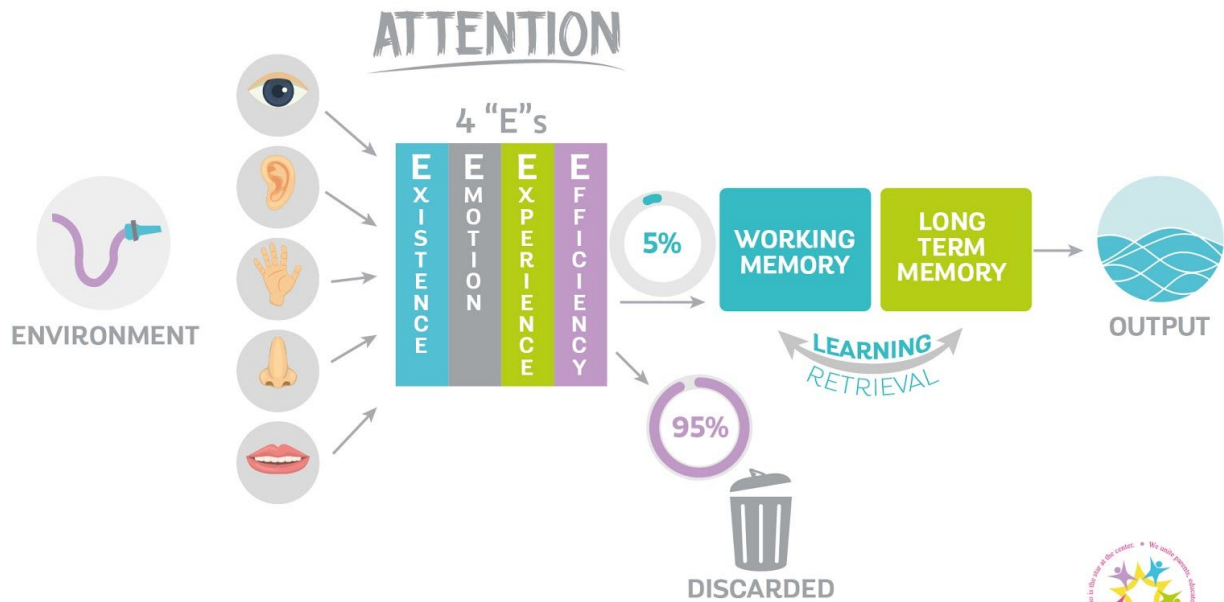
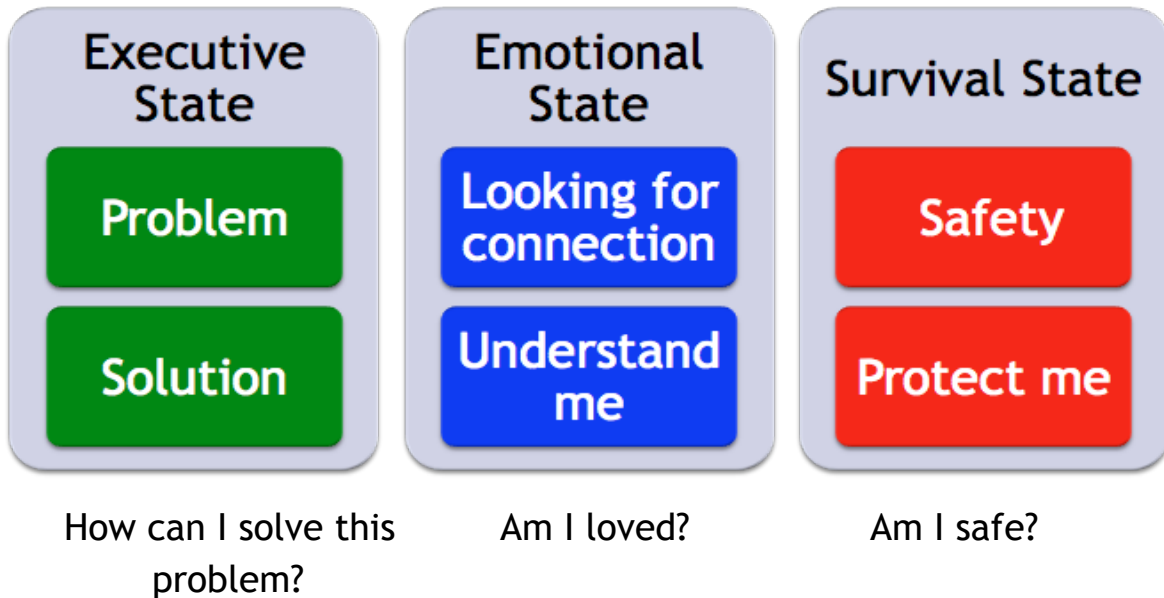
- Mindful Morning Routine
- How to build a human learning machine
- Establish rituals and routines that effectively support students social emotional well-being and psychological safety
- Help students to increase their self-regulation skills and build connections with each other and the curriculum

Key Idea 1: "No significant learning can occur without significant relationships. Connection is the key." - Dr. Becky Bailey

Key Idea 2: Connections on the outside build connections on the inside.

Key Idea 3: Direct, explicit, multisensory teaching supports growing connections

BRAIN STATE MODEL



Strategies

Mindful Routine Components:

Activity to Unite: Get's everyone focused, doing the same thing at the same time. (ex: class chant, greeting each other)

Activity to Disengage Stress: A technique to calm and focus by taking three deep breaths, in through the nose and out the mouth. (ex: The pretzel, STAR, or anything relating to your topic of learning)

Activity to Connect: One on One activity to have students connect and relate to one another. (ex: micro-storytelling to prime them for learning, 3 part handshake)

Activity to Commit: Class commitment for what you'd like them to focus on and individual commitment to write down. (ex: be safe, respectful to others, etc.)

Actor's Toolkit

The actor's job is to tell stories. Our tools to do this are:

Body - Voice - Mind - Imagination

Check your knowledge!

1. Which of these elements are essential for an Activity to Connect?
 - a. Eye contact
 - b. Touch
 - c. Presence
 - d. Playful situation
 - e. All of the above
2. Highest cognitive skill we learn is _____ . Highest manifestation of that skill is _____.

3. In which brain state are you able to solve problems?

- a. Executive
- b. Emotional
- c. Survival

4. Self Regulation is the pause between Stimulus and _____.

5. Direct , _____ , and Multisensory Learning is defined as intentional, purposeful learning that engages multiple senses while using the gradual release model.

Additional Notes, Insights and Questions:

Transfer time!

How might you incorporate these strategies in your context?

Where do you see evidence of the Enriched Literacy Framework in these strategies?