

PEPETA

A game from Kenya. “Pepeta” means to juggle, like a soccer ball.



Procedure:

1. Form a circle
2. Introduce the call and response phrase “balance the ball, balance the ball.” This becomes the phrase you will return to after each player's turn.
3. Model a series of actions with an imaginary ball through call and response.
 - Leader pick up an imaginary ball and say: “I take the ball” (students echo)
 - Leader demonstrate an action with the ball: “I put it_____” (students echo)
 - Repeat with 2-3 actions
4. Repeat the final action while calling out “And pepeta and pepeta and pepeta.”
5. Return to the phrase “balance the ball, balance the ball” as a new player moves to the center with an imaginary ball
6. Repeat steps 3-5.