

Cultivating a Compassionate Classroom/Curriculum

Big Idea: To cultivate compassion in the classroom, building community and create environments of openness, acceptance, peace and positivity within the educational setting

Focus Standard(s):

LAFS.1112.W.2.4: Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

LAFS.1112.W.4.10: Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.

Performance Task: An in depth structured creative free write centered around Theatre of the oppressed and prompt of "Who Am I." Followed by verbal presentation of completed writing.

Time	Activities	Materials
10 min	Introduction & Video	
20 min	Name Gumbo - Introduction of Confusion	
20 min	Hand Shake Forum - Building Compassion Human Rights Discussion	
15 min	Forest of Sounds - Compassion Reinforcement African Mosquito - Teambuilding	
1 hr 30min	WHO AM I? - A step by step guide for Creative Free write to produce couplets and a short poem of self.	B.A.R.S. workbook, pens/pencils
30 min	Artist Presentation (ending with an poetic presentation on self and how it can birth commonalities among individuals, personal discovery) to achieve Compassion for others.	